



10 Journal Prompts for Stay-at-Home Life

- 1. How is my life the same as usual? How is it different?**
- 2. List and describe three different feeling words to describe this time in our world's history.**
- 3. What five things could you build or make today when you get bored?**
- 4. What makes a house a home? What is the difference between a house and a home?**
- 5. A lot of people think it is hard to stay home. They feel bored, frustrated, or disappointed. What would you say to encourage a person who is feeling that way?**
- 6. How does stay at home life bring people closer together?**
- 7. What books are you reading during this stay at home time? What are the major themes of these books?**
- 8. Your friend is creating a music playlist for his stay at home time. What songs should he be sure to put on it? Why?**
- 9. Do you stay in your pajamas every day or get dressed? Why? How does what you wear impact your day?**
- 10. List and describe three things you are thankful for about your stay and home time.**